



# PDA Transition Planning Template

For families and support teams

Transition planning — from secondary school to adult life — is one of the most important and underprepared areas for PDA families. This template provides a flexible framework for collaborative planning across five key domains. It is designed to be completed over months, not in a single meeting.

<b>Using this template</b>	Start early — ideally in Year 9 or 10. Involve the young person at every stage. There are no right answers — the goal is a plan that fits THIS person, not a generic transition checklist.
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## Domain 1 — Education and Learning

- Current education status: \_\_\_\_\_
- Interests and strengths relevant to further learning: \_\_\_\_\_
- Options being explored (TAFE, university, online, apprenticeship, other): \_\_\_\_\_
- Support needed to access chosen option: \_\_\_\_\_
- Timeline and goals: \_\_\_\_\_

## Domain 2 — Employment

- Interests and values related to work: \_\_\_\_\_
- Work environments that may suit PDA profile (low-demand, autonomous, interest-based): \_\_\_\_\_
- Experiences and skills developed: \_\_\_\_\_
- Employment support needs (DES, NDIS employment support): \_\_\_\_\_

## Domain 3 — Independent Living

- Current skills: cooking, transport, finances, appointments: \_\_\_\_\_
- Skills to develop (with low-demand approach): \_\_\_\_\_
- Support needs — NDIS funded? Informal? Family? \_\_\_\_\_
- Housing goals — where, when, with whom: \_\_\_\_\_

## Domain 4 — Health and Wellbeing

- Current supports (GP, psychologist, OT, other): \_\_\_\_\_
- Transition to adult health services — when and how: \_\_\_\_\_
- NDIS transition to adult plan: \_\_\_\_\_
- Mental health support plan: \_\_\_\_\_



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## Domain 5 — Community and Social Life

- Current social connections: \_\_\_\_\_
- Interests and communities that support connection: \_\_\_\_\_
- Community access — transport, support, independence goals: \_\_\_\_\_
- Goals for adult social life: \_\_\_\_\_

### Review schedule

- Initial plan: Year 9–10
- Review 1: Year 11 (adjust based on changes)
- Review 2: Year 12 / final year of school
- Post-school review: 6 months after leaving