

A SOCIAL NARRATIVE

MORNINGS SERIES



# First Morning Back

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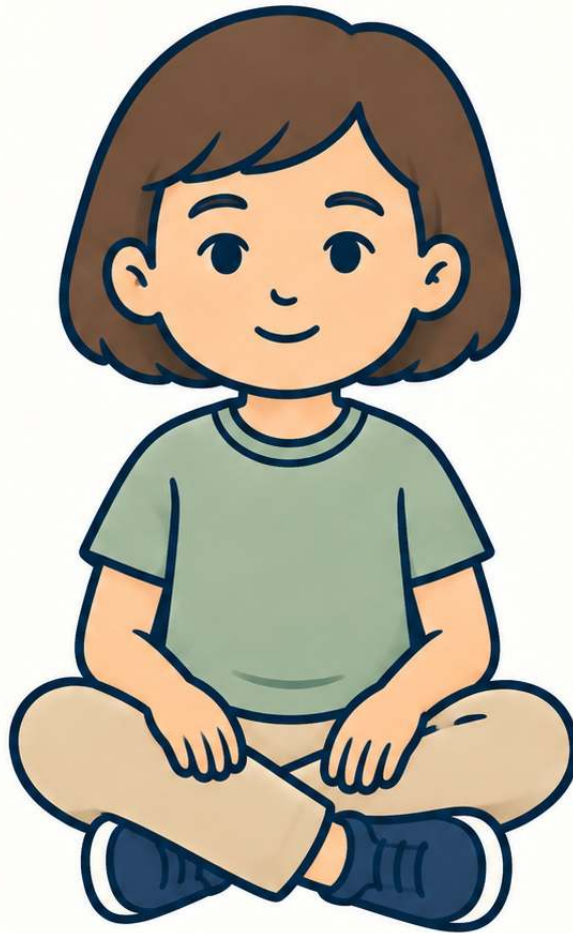
After school holidays, it's time to go back to school. The first morning back can feel different.



The same classroom, the same Ms Taylor, and the same routines are still there.



It might feel hard to remember the morning routine after a break. That's normal — it comes back quickly.



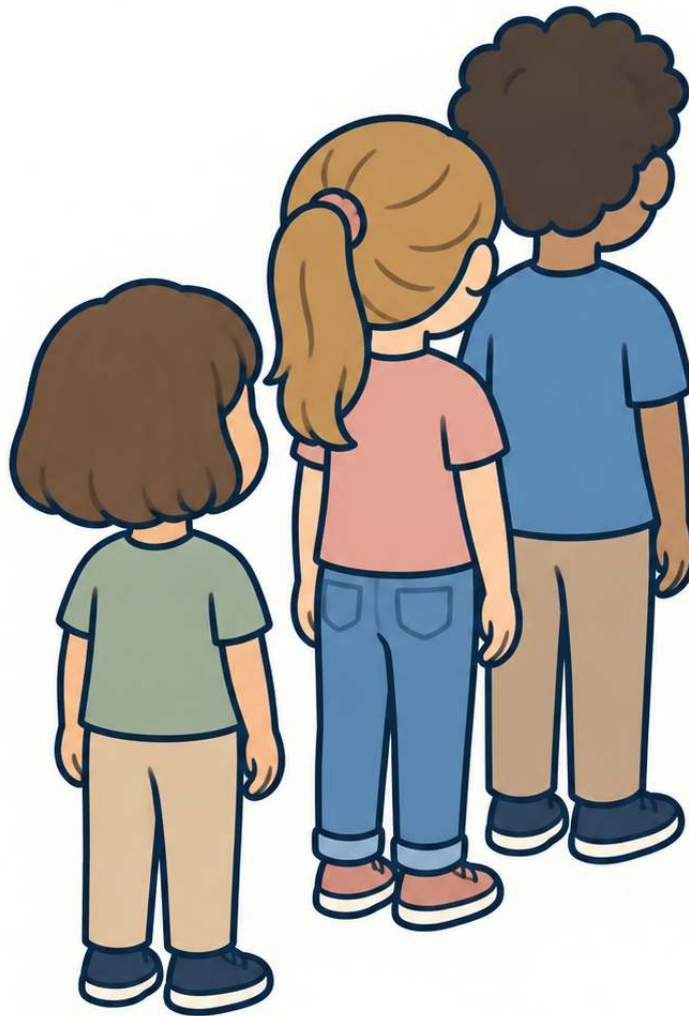
Some kids feel excited to go back. Some feel nervous. Some feel both. All of that is okay.



The first morning follows the same steps as any school morning – getting ready, then heading to school.



The night before going back can feel like butterflies in the tummy. That feeling settles once the morning gets going.



If the first morning feels hard, Ivy can tell Ms Taylor or a grown-up at home.



After the first morning back, the rest of the term starts to feel familiar again.



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