

A SOCIAL NARRATIVE

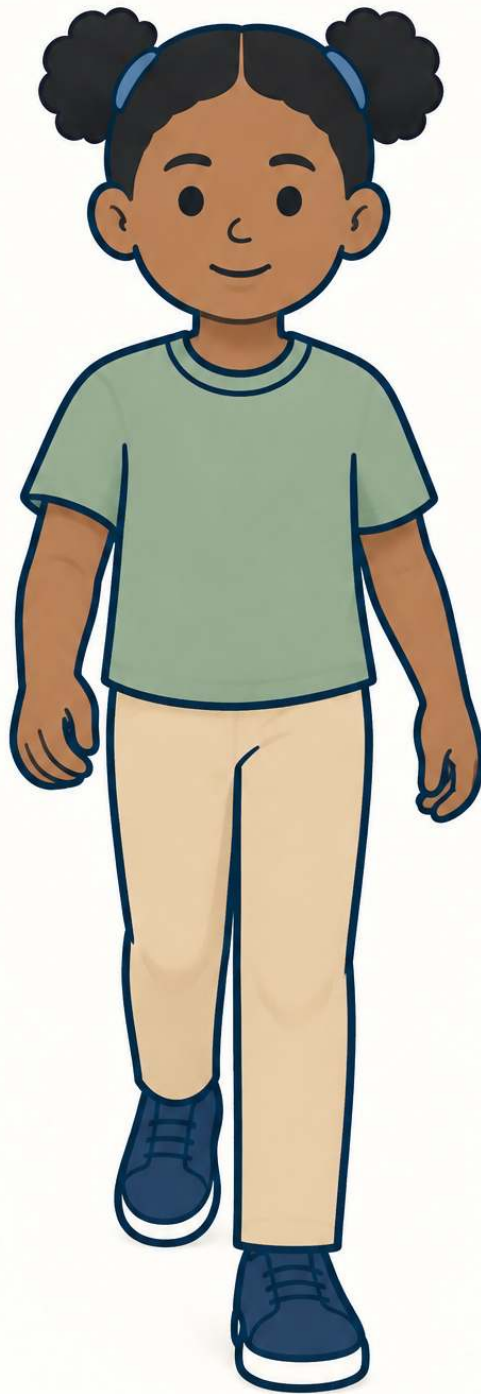
NDIS & THERAPY SERIES



Speech Therapy Time



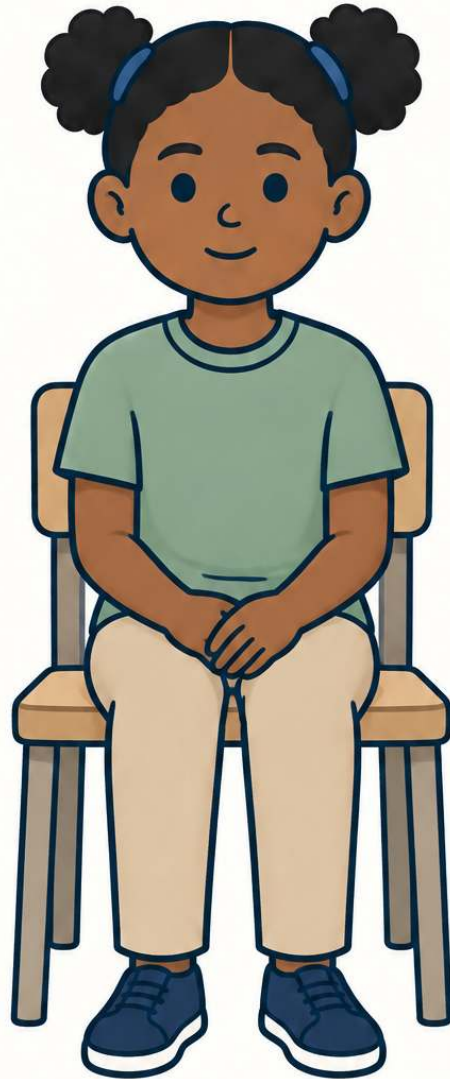
Speech therapy is a kind of appointment that helps with talking, understanding words, or using sounds.



The same speech therapist and the same room are usually used each time.



Some sessions use cards or pictures. Some use games. Some are mostly just talking.



Rough plan: arrive, wait a little, go in, do a few activities, then head home.



Trying to get a word out exactly right can feel frustrating sometimes.



Some visits feel easier than others. That's normal — it doesn't go the same way every time.



If it feels like too much, a grown-up can ask for a short break.



Each session ends, and practice adds up slowly over time.



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